Native American Professional Parent Resources, Inc.
Resource Manual for Sandoval County,
New Mexico
# Table of Contents

<table>
<thead>
<tr>
<th>Children Services</th>
<th>Clothing</th>
<th>Dental Services</th>
<th>Domestic Violence</th>
</tr>
</thead>
<tbody>
<tr>
<td>BERNALILLO/RIO RANCHO</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>-Early Intervention Services</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>ABRAZOS FAMILY SUPPORT SERVICES</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>PB&amp;J FAMILY SERVICES</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>-Early Head Start &amp; Head Start Services</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>FIVE SANDOVAL INDIAN PUEBLOS, INC.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>PRESBYTERIAN MEDICAL SERVICE EARLY HEAD START HOME VISITING AND START PROGRAMS</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>SHINING STARS EARLY LEARNING CENTER</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Clothing</strong></td>
<td><strong>Employment</strong></td>
<td><strong>ESL/ Tutoring</strong></td>
<td><strong>Health /Wellness</strong></td>
</tr>
<tr>
<td>BERNALILLO/RIO RANCHO</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>BIRTHRIGHT</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>NEARLY NEW</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>STOREHOUSE WEST</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>FIRST-BAPTIST CHURCH of RIO RANCHO</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cuba/Jemez</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>NACIMIENTO MEDICAL FOUNDATION</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
**Dental Services**

BERNALILLO/RIO RANCHO
SANDOVAL COUNTY HEALTH COMMONS’ FAMILY SUPPORT (Public Health Office) .................................................. 9
PEARLY WHITES DENTAL HYGIENE CLINIC, INC ................................................................. 9

JEMEZ
JEMEZ SOCIAL SERVICES .................................................................................................................. 10

COCHITI
COCHITI SOCIAL SERVICES ............................................................................................................. 10

**Domestic Violence**

**Elderly Programs**

BERNALILLO/RIO RANCHO
FIVE SANDOVAL INDIAN PUEBLOS, INC ................................................................. 7
SHARE YOUR CARE ADULT DAY SERVICES ........................................................................... 10
ST. VINCENT de PAUL SOCIETY .............................................................................................. 11

JEMEZ
SENIOR CENTER ....................................................................................................................... 10

**Employment**

BERNALILLO/RIO RANCHO
FIVE SANDOVAL INDIAN PUEBLOS, INC ................................................................. 7
WORKFORCE CONNECTION OF CENTRAL NEW MEXICO .................................................. 10

**ESL and Tutoring Services**

BERNALILLO/RIO RANCHO
READ WEST ......................................................................................................................... 11

**Food**

BERNALILLO/RIO RANCHO
FIVE SANDOVAL INDIAN PUEBLOS, INC ................................................................. 7
ST. VINCENT de PAUL SOCIETY .............................................................................................. 11
MEADOWLARK METHODIST FOOD PANTRY ............................................................................. 11
ARMS OF LOVE FELLOWSHIP ............................................................................................... 11
Cuba/Jemez
NACIMIENTO MEDICAL FOUNDATION ............................................................................... 9

**Financial Assistance**
BERNALILLO/RIO RANCHO

Family Planning
BERNALILLO/RIO RANCHO
SANDOVAL COUNTY HEALTH COMMONS’ FAMILY SUPPORT (Public Health Office) ........................................... 9

Family Support
BERNALILLO/RIO RANCHO
FAMILY SERVICES for CHILDREN ................................................................. 12
CARE-NET PREGNANCY CENTER of RIO RANCHO ........................................... 12
MEDIATION SERVICES of NEW MEXICO ...................................................... 12
MOM’S CLUB .................................................................................................. 12

Health and Wellness
BERNALILLO/RIO RANCHO
BERNALILLO PUBLIC SCHOOLS SPARTAN WELLNESS CENTER .......................... 13
DIVINE MERCY CLINIC .............................................................................. 13
EL PUEBLO HEALTH SERVICES, INC.......................................................... 13
SANDOVAL COUNTY HEALTH COMMONS’ FAMILY SUPPORT (Public Health Office) ........................................... 9
PLANNED PARENTHOOD – RIO RANCHO ..................................................... 13
PMS HEALTH CLINIC COUNSELOR NAVAJO CHAPTER ................................. 14
PREBYS UNIVERSITY MEDICAL SERVICES RIO RANCHO FAMILY HEALTH CENTER ........................................... 14
CUBA / JEMEZ
CUBA PUBLIC HEALTH OFFICE ..................................................................... 14
PREBYS UNIVERSITY MEDICAL SERVICES CUBA HEALTH CENTER (CUBA) ........................................... 15
JEMEZ COMPREHENSIVE HEALTH CENTER .............................................. 15
COMMUNITY WELLNESS ......................................................................... 15

Home Repair
BERNALILLO/RIO RANCHO
REBUILDING TOGETHER LEARNING SANDOVAL COUNTY ................................. 15
# Legal Services

**BERNALILLO/RI O RANCHO**

COMMUNITY AND INDIAN LEGAL SERVICES OF NORTHERN NM ................................................................. 15

# Housing

**BERNALILLO/RI O RANCHO**

TOWN OF BERNALILLO – DEPARTMENT OF HOUSING SERVICES ................................................................. 15

JOHN RINALDI APARTMENTS .................................................................................................................. 16

ARROWHEAD RIDGE APARTMENTS ............................................................................................................. 16

EMPOWERING OUR COMMUNITIES IN NEW MEXICO ................................................................................. 16

Cuba/ Jemez

NACIMIENTO MEDICAL FOUNDATION ........................................................................................................ 9

# Medicaid

**BERNALILLO/RI O RANCHO**

SANDOVAL COUNTY INCOME SUPPORT DIVISION .................................................................................. 17

SANDOVAL COUNTY HEALTH COMMONS’ FAMILY SUPPORT (Public Health Office) ..................................... 9

Jemez

MEDICAL SOCIAL WORK .............................................................................................................................. 17

# Mental Health Services

**BERNALILLO/RI O RANCHO**

FIVE SANDOVAL INDIAN PUEBLOS, INC. ......................................................................................................... 7

BERNALILLO PUBLIC SCHOOLS SPARTAN WELLNESS CENTER ................................................................. 17

GUIDANCE FOUNDATION, INC. ...................................................................................................................... 17

PRESBYTERIAN MEDICAL SERVICES VETERAN AND FAMILY SUPPORT SERVICES ................................. 18

PMS OJO ENCINO NAVAJO CHAPTER HEALTH CLINIC ............................................................................. 18

PMS HEALTH CLINIC COUNSELOR NAVAJO CHAPTER .............................................................................. 19

CAN SURVIVAL ............................................................................................................................................... 19

CARE-NET PREGNANCY CENTER of RIO RANCHO ...................................................................................... 12

ARMS OF LOVE FELLOWSHIP ...................................................................................................................... 11

Cuba/ Jemez

JEMEZ BEHAVIORAL HEALTH PROGRAM .................................................................................................. 19

JEMEZ SOCIAL SERVICES ............................................................................................................................ 10

COCHITI

COCHITI SOCIAL SERVICES .......................................................................................................................... 10

SANDIA

SANDIA SOCIAL SERVICES .......................................................................................................................... 19
SANTO DOMINGO
SANTO DOMINGO SOCIAL SERVICES

Safety
JEMEZ
INJURY PREVENTION

Transportation
Cuba/Jemez
JEMEZ TRANSPORTATION SERVICES

Tribal Enrollment
Jemez
TRIBAL ENROLLMENT

Vocational Rehabilitation
Jemez
VOCATIONAL REHABILITATION
**Abrazos Family Support Services**

412 Camino Don Tomas  
Bernalillo, NM 87004  
(505) 867-3396-105  

www.abrazosnm.org  

**Hours of Operation/Scheduling Appointments:** M - F 8:00am to 4:30pm.

Provide a variety of specialized health and developmental services that support families to meet the special needs of their infants, children and adult family members. This includes developmental assessment and evaluation, developmental intervention and service coordination, case management for Medicaid eligible pregnant women and babies, and respite care.

Eligibility is based on the State’s criteria for developmental disability or for developmental delay. Medicaid is accepted and there is the option of a sliding scale based on income.

---

**PB&J Family Services**

255 #A Camino del Pueblo  
Bernalillo, NM 87004  
(505) 867-2356  

www.pbjfamilyservices.org/  
A pre-school program and support services are offered for families who are at risk with children age 5 and under. Support services include counseling and art therapy. Parents are required to attend the preschool with their children. Home-based programs and Prison-related family support programs are also available. There is no cost for services. Call for more information.

---

**Five Sandoval Indian Pueblos, Inc.**

1043 Hwy 313  
Bernalillo, NM 87004  
(505) 867-3351  

www.fsipinc.org/  
Services to Native American Indians residing in the five Pueblo communities of Cochiti, Santa Ana, Jemez, Zia and Sandia: WIC, behavioral health services, elderly programs, Head Start Program, food distribution program, and the employment and training project.
**Presbyterian Medical Services Early Head Start Home Visiting and Head Start Programs**

100 Ricardo Ln Bernalillo, NM 87004  
771-0647

#50 County Rd 13 Cuba, NM 87013  
(575)289-3211 X 1502

32 Unser Blvd. Rio Rancho, NM 87124  
891-5162

[www.pms-inc.org](http://www.pms-inc.org/)

The Early Head Start (EHS) and Head Start programs primarily serve low income families. EHS is for prenatal through age 3 and Head Start is for ages 3-5. Families are provided with health, nutrition, education, social services, and preparation for Kindergarten.

---

**Shining Stars Early Learning Center**

4477 9th Ave NE  
Rio Rancho, NM 87124  
(505) 892-7735

Early learning preschool. Go to following link for more information:  
[http://shiningstars.rrps.net/?sessionid=99c5149d3af31650c9261f2b9d823763&t](http://shiningstars.rrps.net/?sessionid=99c5149d3af31650c9261f2b9d823763&t)

---

**Birthright**

2704 Southern Blvd SE suite 7  
Rio Rancho, NM 87124  
(505) 891-1430


Services include pregnancy tests, clothing, and supplies for the newborn. There is no charge.

---

**Nearly New**

836 Camino del Pueblo  
Bernalillo, NM 87004  
(505) 771-8228

Nearly New has used, second-hand clothing for women and children.
**Storehouse West**

1030-F Veranda Dr. SE  
Rio Rancho, NM 87124  
(505) 892-2077

Provide food, clothing, and some toys for children. Call for more information. Eligibility criteria must be met.

---

**First Baptist Church of Rio Rancho**

390619th Ave SE  
Rio Rancho, NE 87124  
(505) 892-1323

Provides clothing for families in need. Call for more information.

---

**Nacimiento Medical Foundation**

6362 Hwy 550  
Cuba, NM 87013  
(505) 289-3718

Assistance available for food, clothing, housing, education and more. Please call for details of services.

---

**Sandoval County Health Commons' Family Support Program**  
(Public Health Office)

1500 Idalia NW  
Bernalillo, NM 87004  
(505) 867-2291

[www.sandovalhealth.org](http://www.sandovalhealth.org)  
[www.health.state.nm.us](http://www.health.state.nm.us)

---

**Pearly Whites Dental Hygiene Clinic, Inc**

2200 Grande Blvd Ste. A  
Rio Rancho, NM 87124  
(505) 891-1500

Dental services. Medicaid accepted
**Jemez Social Services**  
P.O. Box 340  
Jemez, NM 87024  
(575) 834-7117

**Cochiti Social Services**  
P.O. Box 70  
Cochiti Pueblo, NM 87072  
(505) 465-2244

**Share Your Care Adult Day Services**  
103 Rio Rancho Rd.  
Rio Rancho, NM 87124  
(505) 298-1700 x31  
Serves adults with disabilities. Sliding scale available based on income.

**Senior Center**  
110 Sheep Spgs  
San Ysidro, NM 87053  
(575) 834-9168  
[www.jemezpueblo.org](http://www.jemezpueblo.org)  
Meals, recreational activities and outreach for elders; community energy assistance program.

**Workforce Connection of Central New Mexico**  
661 Quantum Road  
Rio Rancho, NM 87124  
(505) 896-1765  
[www.dol.state.nm.us](http://www.dol.state.nm.us)  
Services available for job seekers. Please call or visit the website.
Read West

2009 Grande Blvd.
Rio Rancho, NM 87124
(505) 892-1131

www.readwest.org

Tutoring for adults, ESL, and help with work and like skills. Call for more information.

St. Vincent de Paul Society

301 Camino Del Pueblo
Bernalillo, NM 87004
(505) 771-4931

Includes food pantry, Senior Wellness Program, and financial assistance (one time per year).

Meadowlark Methodist Food Pantry

4200 Meadowlark Ln. SE
Rio Rancho, NM 87124
(505) 891-4206

highdesertumc@cableone.net

Provides food to qualifying residents of Sandoval County. Call for more information.

Arms of Love Fellowship

1700 Southern Blvd. SE
Rio Rancho, NM 87124
(505) 994-2854

Weekly support groups to help people overcome any addiction and emergency food assistance is also available.

Sandoval County Income Support Division

830 Camino del Pueblo
Bernalillo, NM 87004
(505) 771-6334

www.hsd.state.nm.us/isd

Food Stamps, Medicaid, TANF (cash assistance) and Low Income Heat and Energy Assistance (LIHEAP) programs. Call for more information.
Family Services for Children

1520 Deborah Rd. SE
Rio Rancho, NM 87124
(505) 994-4931

Family Services is primarily for abused and neglected children with cases being sent by district court and CYFD. Family Services helps with providing supervised visits between children and their parents. There are also Parent Mentoring classes available.

Care-Net Pregnancy Center of Rio Rancho

1520 Deborah Rd. Ste. I
Rio Rancho, NM 87124
(505) 896-2305
www.carenetabq.org

24 hour help line, free pregnancy tests, ultrasounds, educational information, counseling, ongoing support, community referrals, abstinence education, Earn While You Learn, post-abortion stress counseling for men and women, and Mourning To Joy And The Stand By Me Mentoring Program. There is no charge.

Mediation Services of New Mexico

7100 Idalia Rd. NE
Rio Rancho, NM 87144
(505) 867-6550

Mediation provided for family and school issues. If family has no transportation, arrangements may be made. Call for more information.

Mom’s Club

Rio Rancho and Albuquerque
(505) 326-5333
www.momsclub.org

A club for mother’s that includes various activities. Call or look at website for more information.
**Bernalillo Public Schools Spartan Wellness Center**

250 Isidro Sanchez Road  
Bernalillo, NM 87004  
(505) 404-5152

**Hours of Operation/Scheduling Appointments:** M - F 8:00am to 3:30pm.

The Bernalillo Public Schools Spartan Wellness Center is located at Bernalillo High School and is a DOH funded School Based Health Center which provides primary and mental health care for children and families of the Bernalillo Public School district.

---

**Divine Mercy Clinic**

160 Calle del Norte  
Bernalillo, NM 87004  
(505) 867-8239

Acupuncture, herbal medicines and homeopathic remedies. A sliding scale option is available based on income.

---

**El Pueblo Health Services, Inc.**

121 Calle del Presidente  
Bernalillo, NM 87004  
(505) 867-2324

Family practice, non-surgical women’s health care, newborn care, minor surgeries, preventative services, immunizations, family planning, diabetes prevention, and access to the State Breast and Cervical program. Sliding Fee Scale is available for residents of New Mexico; there is a $20 minimum co-pay. Must bring proof of income and New Mexico residency.

---

**Planned Parenthood - Rio Rancho**

4300 Ridgecrest Drive  
Rio Rancho, NM 87124  
(505) 899-7900  

[www.ppnewmex.org](http://www.ppnewmex.org)
Family planning, STD testing and treatment, pregnancy tests, abortions, annual exams, various contraceptive methods, and treatment for urinary infections.

**PMS Health Clinic Counselor Navajo Chapter**

Counselor Navajo Chapter
NM
(575) 568-4328

[http://www.pms-inc.org](http://www.pms-inc.org)

Medical services are offered. Call for more information regarding services and eligibility.

**Presbyterian Medical Services Rio Rancho Family Health Center**

184 Unser Blvd NE

Rio Rancho, NM 87124

(505)896-0928

Various medical and behavioral health services are offered. Sliding scale is available based on income.

**Cuba Public Health Office**

6362 Highway 550
Cuba, NM 87013
(505) 841-4167

[www.health.state.nm.us](http://www.health.state.nm.us)

Medication applications available, family planning services, immunizations, and WIC.

**Presbyterian Medical Services Cuba Health Center (Cuba)**

6349 Hwy 550
Cuba, NM
(505) 289-3291

Includes medical, dental, and behavioral health services. Sliding scale available based on income. Call for more information.
**Jemez Comprehensive Health Center**  
110 Sheep Springs Way  
Jemez, NM 87024  
(575) 834-7413  

[www.jemezpueblo.org](http://www.jemezpueblo.org)  

The Jemez Comprehensive Health Center hosts a medical clinic, dental clinic, pharmacy and radiology services. JHHS also offers several community health programs.

---

**Community Wellness**  
4351 Highway 290  
Jemez, NM 87024  
(575) 834-7059  

[www.jemezpueblo.org](http://www.jemezpueblo.org)  

Fitness and exercise programs; Fitness Center.

---

**Rebuilding Together Sandoval County**  
Rio Rancho, NM  
(505) 896-3041  

Offers to repair and rehabilitate the homes of low-income families, elderly and people with disabilities in the Sandoval County area. Must qualify. Call for more information.

---

**Community and Indian Legal Services of Northern NM**  
Santa Ana Pueblo, NM  
(505)867-3391  

Assistance programs for low income people. Call for more information.

---

**Town of Bernalillo - Department Of Housing Services**
Information and applications for Section 8 and public housing. Call for more information.

**John Rinaldi Apartments**

492 Camino del Pueblo #F1  
Bernalillo, NM 87004  
(505) 867-9778

*Primarily for those who are low income. Call for more information.*

**Arrowhead Ridge Apartments**

4515 Arrowhead Ridge Dr. SE #1001  
Rio Rancho, NM 87124  
(505) 892-2988

There is an application fee of $35.00. Lease lengths are usually up to a year. Call for more information.

**Empowering our Communities in New Mexico**

125A Calle Don Francisco  
Bernalillo, NM 87004  
(505) 867-3374  
smoore@eocnm.org

Services include home owner rehabilitation, homeless services, financial Literacy training, individual development accounts, shelter plus for care (for chronically homeless people with disabilities – primarily substance dependent, severe mental health, or HIV Aids patients). There is no cost for services.
Sandoval County Income Support Division

830 Camino del Pueblo
Bernalillo, NM 87004

(505) 771-6334

Food Stamps, Medicaid, TANF (cash assistance) and Low Income Heat and Energy Assistance (LIHEAP) programs. Call for more information.

Medical Social Work
Jemez, NM 87024

(575) 834-3059

www.jemezpueblo.org
Help accessing state and federal assistance programs, including Medicaid and Medicare.
Benefits Coordinator (575) 834-3040

Bernalillo Public Schools Spartan Wellness Center

250 Isidro Sanchez Road
Bernalillo, NM 87004

(505)404-5152

Hours of Operation/Scheduling Appointments: M - F 8:00am to 3:30pm.

The Bernalillo Public Schools Spartan Wellness Center is located at Bernalillo High School and is a DOH funded School Based Health Center which provides primary and mental health care for children and families of the Bernalillo Public School district.
Guidance Foundation, Inc.
4200 Meadowlark LN SE Ste. 3
Rio Rancho, NE 87124
(505) 892-3639
PNJanice@aol.com
Primarily offers counseling services. Call or email for more information.

Presbyterian Medical Services Veteran and Family Support Services
184 Unser NE
Rio Rancho, NM 87124
(505) 506-0390
Behavioral Health Services. Call for more information.

PMS Ojo Encino Navajo Chapter Health Clinic
Ojo Encino Navajo Chapter
NM
(505) 731-2268
Medical services are offered. Call for more information regarding services and eligibility.

PMS Health Clinic Counselor Navajo Chapter
Counselor Navajo Chapter
NM
(575) 568-4328
http://www.pms-inc.org
Medical services are offered. Call for more information regarding services and eligibility.
CanSurvival
3824 Corrales Road
Corrales, NM 87048
(505) 899-5727
info@CanSurvival.org
A variety of services for people who have been diagnosed with cancer. Call or go to website for more information.

Jemez Behavioral Health Program
P.O. Box 279
Jemez,NM 87024
(575) 834-7258
www.jemezpueblo.org
Mental health and substance abuse counseling, treatment and aftercare for adults, youth and children.

Sandia Social Services
203 Sandia Day Sch. Rd
Bernalillo, NM 87004
(505) 867-4696

Santo Domingo Social Services
Tesque St.
Santo Domingo Pueblo
New Mexico 87052
465-0630/ 465-2214
Provides general social services to the community through social welfare programs, social work, human services, and community development.
**Injury Prevention**
Jemez, NM 87024  
(575) 834-3072

www.jemezpueblo.org  
Education and outreach on safety issues and pet management.

---

**Jemez Transportation Services**
5123 Highway 4  
San Ysidro, NM 87053  
(575) 834-1001

www.jemezpueblo.org  
Transportation for medical appointments.

---

**Tribal Enrollment**
Jemez, NM 87024  
(575) 834-3151

Certificates of Indian Birth (CIBs), birth, death and marriage certificates; enrollment statistics.

---

**Vocational Rehabilitation**
4483 Highway 4  
Jemez, NM 87024

(575) 834-0012

Vocational rehabilitation for enrolled tribal members with disabilities living in the Pueblos of Jemez, Zia or Santa Ana.